

Further Resources Can Be Found

www.InformAlberta.ca
Is a province-wide on-line directory, which contains general information about community, health, social, and government services.

211 is a free and confidential, multilingual, 24hr information and referral service connecting you to thousands of community, social and government resources in Calgary and area.

If you would like a copy of the Calgary street Survival Guide, Aboriginal services Guide or Youth services Guide contact 311



DOAP

403-998-7388

Downtown Outreach Addiction Partnership

Suicide Prevention Hotline

1-800-SUICIDE (1-800-784-2433)

Toll Free in Southern Alberta

Connecteen Phone (24 hours)

403-264-TEEN (403-264-8336)

Chat: calgaryconnecteen.com

Mon - Fri 5pm - 10pm & Sat/Sun 12 - 10pm

Distress Centre 403.266.HELP (4357)

24 hours a day, 7 days a week, 365 days a year

Non-Emergency Calgary Police

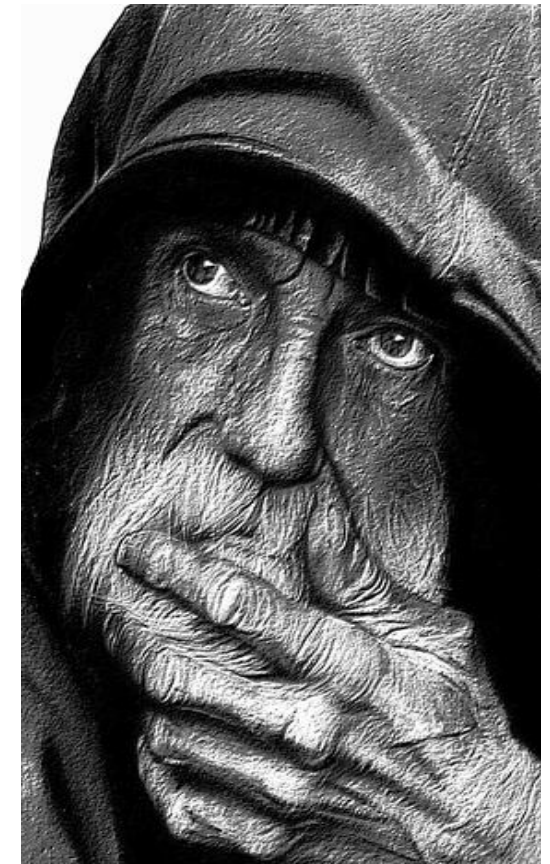
403-266-1234

In an Emergency contact 911



Utilize the highly skilled and professional emergency responders in Calgary at any time you deem it appropriate.

Engaging Vulnerable People Resource Guide



"Be Kind, for everyone you meet is fighting their own battle."



Emergency Shelter for Adults

Calgary Drop-In & Rehab Centre (24-hour)
403-266-3600
1 Dermot Baldwin Way S.E.
www.thedi.ca

Calgary Alpha House Society (24-hour)
403-234-7388
203 – 15th Ave. S.E.
www.alphahousecalgary.com

The Mustard Seed Shelter
403-723-9422
7025 – 44th St. SE.
www.theseed.ca

Salvation Army (24-hour)
403-410-1111
Centre of Hope for Men, 420 Ninth Ave. S.E.
www.ab.salvationarmy.ca

YWCA Mary Dover House
403-263-1550
320 Fifth Ave. S.E.
www.ywcaofcalgary.com
Winter Response program 403-294-7333
320 Fifth Ave. S.E. Open November-April

WISH-Women's Integrated
403-930-2711
Supportive Housing
www.ab.salvationarmy.ca

Samantha Urias, Training Specialist; Calgary Drop-In & Rehab Centre Society is available to support you in creating an action plan for Engaging vulnerable people.

403-699-8207 SamanthaU@thedi.ca

Emergency Shelters for Families

Inn from the Cold 403-263-8384
106, 110 – 11th Ave. S.E.
www.innfromthecold.org

Awo Taan Healing Lodge
(24-hour crisis line) 403-531-1972
www.awotaan.org

Calgary Women's Emergency Shelter
Confidential Address
403-234-7233 (24 Hour Help Line)
calgarywomensshelter.com

YWCA Sheriff King Home
403-266-4111
2003 – 16th St. S.E.
(24-hour family violence crisis line)
403-266-0707
www.ywcaofcalgary.com

Emergency Shelters for Youth

Avenue 15 Shelter (youth 12 to17)
403-543-9651
938 – 15th Ave. S.W.
10 p.m. - 7 a.m.
www.boysandgirlssclubofcalgary.ca

EXIT youth Shelter (youth 12-17)
403-509-2323
112 16 Ave. N.E.
www.woodshomes.ca

Community Services

SORCe 403-428-3300
316 Seventh Ave. S.E.
Drop-in information and referrals to addictions, mental health, and housing supports 8:30 a.m. – 4:30 p.m.
www.sorce.ca

Kerby Centre (for seniors 55+) 403-265-0661
1133 Seventh Ave. S.W.
www.kerbycentre.com

Wood's Homes 403-270-4102
Community Resource Team (24-hour)
403-299-9699 (toll-free) 1-800-563-6106
www.woodshomes.ca

Distress Centre Calgary 403-266-4357 (HELP)
300, 1010 Eighth Ave. S.W. (reception)
403-266-1601
www.distresscentre.com

Safeworks (cell) 403-850-3755
(needle exchange/harm reduction)
Provides clean needles, alcohol swabs and biohazard sharps containers
www.albertahealthservices.ca

Elbow River Healing Lodge
403-955-6600
Sheldon M. Chumir Health Centre
Seventh Floor, 1213 Fourth St. S.W.
www.albertahealthservices.ca

The Alex Community Health Centre
403-266-2622
101, 1318 Centre St. N.E.
www.thealex.ca

CUPS (Calgary Urban Project Society)
403-221-8780
1001 10 Ave. S.W.
www.cups Calgary.com