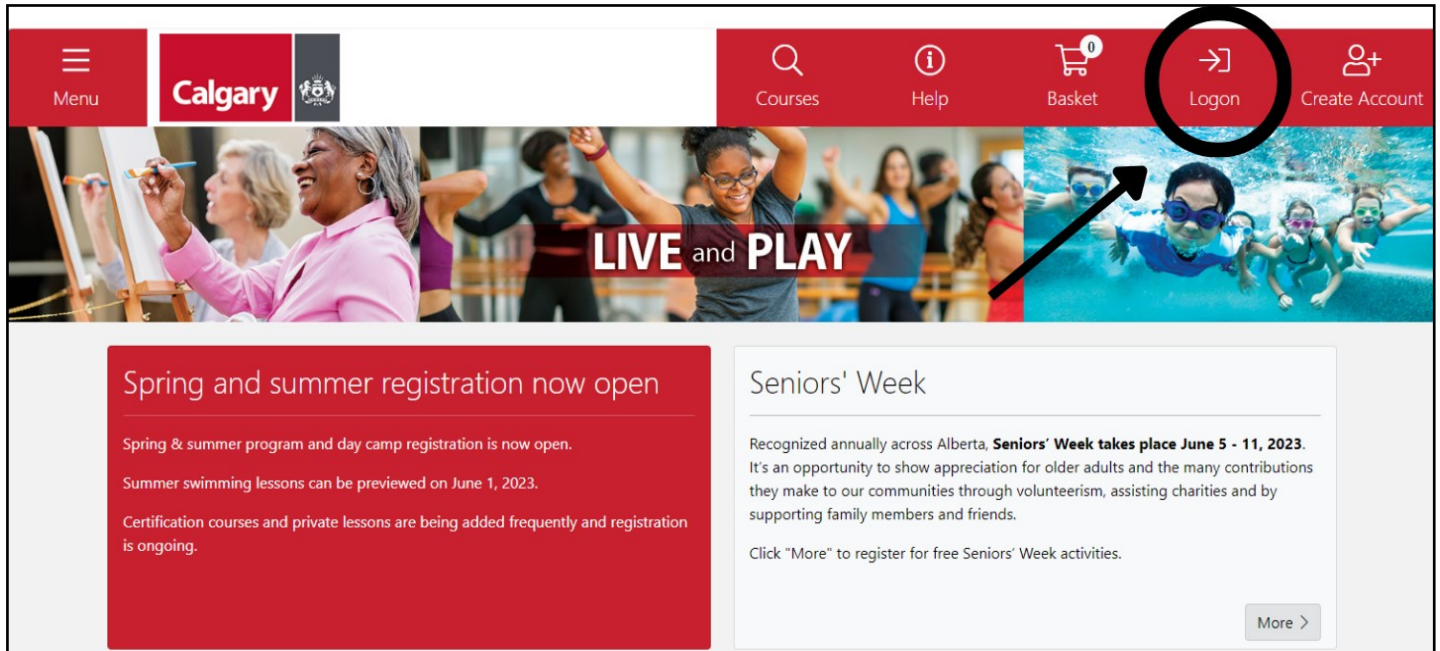




Online Program Registration How-To (Computer)

1. Go to <https://www.calgary.ca/liveandplay>
2. Go to the top right corner and click Logon



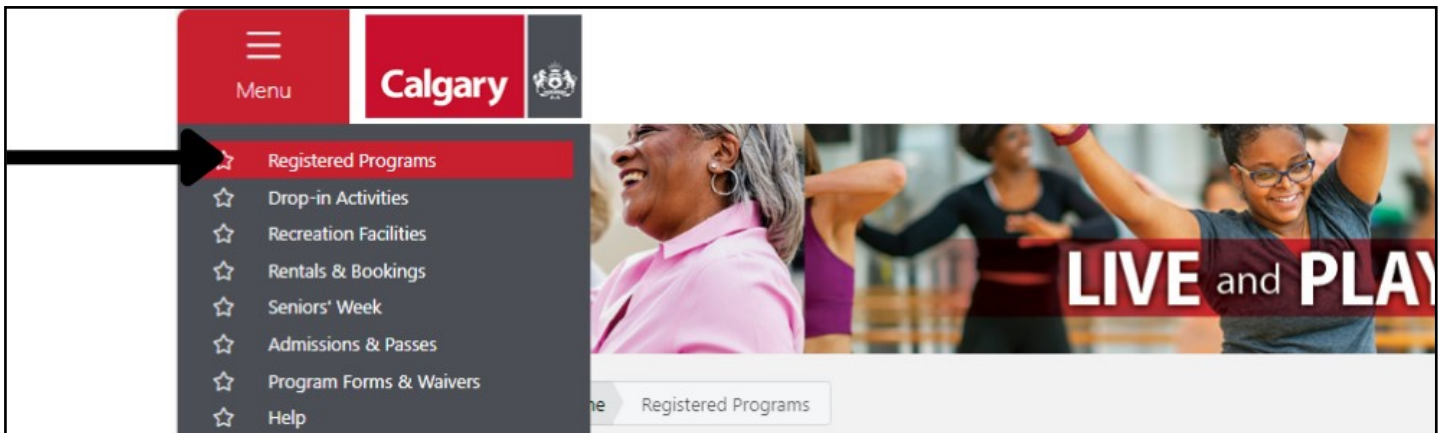
3. Enter in your login information, using the email you provided to the Fair Entry Office

- Do NOT create a new account

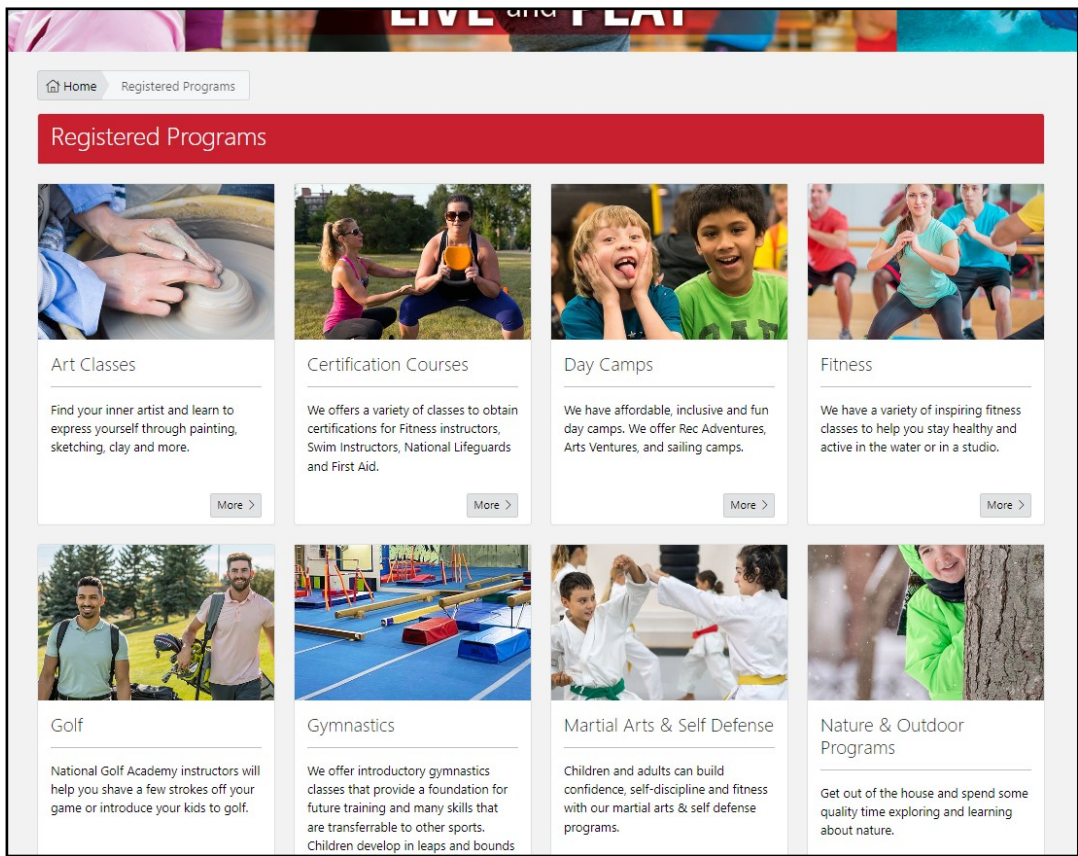
4. Once logged on, go to the menu



5. Select Registered Programs



6. Find your desired program type and click [More >](#)



7. Select the specific lesson type

Home Registered Programs Fitness

Fitness

One of the things we do best is create a caring community! We pride ourselves on offering classes that welcome every level of fitness.

We have a wide variety of class types to choose from. Classes are taught by professionally certified instructors who provide excellent instruction and encouragement to reach your fitness and wellness goals.

Increase strength and endurance, improve your core or join a high-energy cardio class. We have a variety of group fitness and Aqua Fit classes to meet your goals.

Search All Programs

Use this search to find a listing of all registered fitness programs.

More >

Adapted Fitness Classes

Easy to follow, low to moderate intensity programs focused on maintaining strength, balance and wellness.

More >

Alberta Cancer Exercise

A community oriented and evidence-based exercise program designed specifically for individuals undergoing or recovering from cancer treatment. Prescreening required.

More >

Aqua Fitness Classes

Improve your range of motion, muscular strength, and cardiovascular fitness in our low impact conditioning swim and aqua fitness programs.

More >

8. Find the lessons that you want and click [Book >](#)

Home Courses

Search

Course Types
Time Of Day
Day Of Week
Class From Date
Class To Date
Start Month
Age
Venues
Search By

Sort By
Default

Hide Fully Booked Courses

Start Over [Search](#)

Results

50+ Fitness (Gentle 3) - Adult

ID: 82271 Price: \$63.00 # Classes: 6 # Spaces: 0 From: Tue, 16-Jan-24 To: Tue, 20-Feb-24

Day	Start	End	Location	Venue
Tuesday	10:45 AM	11:45 AM	Sir Winston Churchill Aquatic & Recreation Centre Fitness Studio	Sir Winston Churchill Aquatic & Recreation Centre

[Book >](#)

50+ Fitness (Gentle 3) - Adult

ID: 82272 Price: \$63.00 # Classes: 6 # Spaces: 4 From: Tue, 27-Feb-24 To: Tue, 02-Apr-24

Day	Start	End	Location	Venue
Tuesday	10:45 AM	11:45 AM	Sir Winston Churchill Aquatic & Recreation Centre Fitness Studio	Sir Winston Churchill Aquatic & Recreation Centre

[Book >](#)

9. Confirm the information of the lessons

10. Click **Book** beside the person who is being registered

Prices

Book Course

I will be attending **Book**

Family Member Family Group Name **Book**

Classes

11. The lessons are now added to your basket

- You can add multiple lessons to your basket before paying all at once

12. The Fair Entry Subsidy is automatically applied, if available. If you choose not to use subsidy for the course, click the down arrow in the "Subsidy Programs" line near the bottom of the basket. Click **Exclude**

Item	Value
82272 - 50+ Fitness (Gentle 3) - Adult	\$63.00
① 50+ Fitness (Gentle 3) - Adult	
👤 Drew Jones	
Qty: 1	
Price Group: Retail	
Total includes tax of \$3.00	\$63.00
👤 Subsidy	- \$50.00
Payment Due	\$13.00

All prices in CAD.
A payment of \$13.00 is required now to complete this order.

👤 Subsidy Programs

Item	Participant	Deduction
82272 - 50+ Fitness (Gentle 3) - Adult	Drew Jones	\$50.00

Continue Shopping **Checkout**

13. When ready click **Checkout**

14. Enter in your credit card information to pay the remaining amount

15. You will receive a confirmation once the transaction is completed